LA FLACA
- TABERNA -

FOOD ALLERGENS

Gilda, appetizer of olives, anchovies and pickled chili peppers

Portion of spanish omelet

Traditional tuna patty

**Aged sheep cheese

Fried diced potatoes with spicy tomato sauce

**Beef jerky from northern Spain

Pig sausage on fire! ✖

Squid loaf bread sandwich with chili mayo

Large mussel croquettes

Creamy ham croquettes

**Spanish potatoe mayo salad

Small clams cooked with garlic and olive oil

**Iberian ham cut by knife

Marinated pork loin on toasted bread

Shoulder cut meat with foie gras on toasted bread

*Crispy marinated bacon strips and fried with scrambled potatoes

Brioche of pork cheeks with parmesan cheese

Mussels in pickled sauce by “Tito”

Pickled anchovies

Cockles by “Tito”

Fresh anchovies & pickled anchovies together

Anchovies with brioche and butter

Sliced garden tomato seasoned with oil and salt ✖

Same tomato with northern Spanish tunna

*Grilled artichoke confit blossoms

Roasted bell pepper from Doña Tomasa and tuna salad

*Charcoal-grilled sausage

*Half grilled chicken

*Grilled shoulder cut meat with chimichurri sauce

Iberian matured beef hamburger with cured sheep cheese, red onion and pink sauce

*Entrecote of Galician blonde beef

Santander breaded squid strips

*Grilled squid with spanish picada (diced tomato, onion and peppers)

Breaded hake pieces and citrus mayo

Grilled octopus with canarian mojo verde sauce

Galician style octopus with paprika

Boiled and sautéed potatoes with onion and peppers ✖

*French fries

*Fried peppers "del padron": some are spicy and some are not

Our roasted vegetables ✖

Torrija: slice of bread soaked in milk, dipped in egg batter and fried with a touch of honey

Creamy cheesecake

Chocolate cake

✖ - No allergens * - May contain traces of gluten ** - Removable gluten

NUTS · CELERY · MUSTARD · SESAME · SULPHITES · LUPIN · MOLUSCS · GLUTEN · CRUSTACEANS · EGGS · FISH · PEANUTS · SOYA · MILK

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- TABERNA -

CARTA DE ALÉRGENOS

Gilda clásica con anchoa buena buena

Pincho de tortilla

Empanada de atún, tún, tún...

**Queso curado de oveja

Las Bravas de Mila

**Cecina de León cojonuda

Chorizo al infierno ✖

Mollete de raba de potera con chili mayo

Croquetón de mejillón

Croquetitas cremosas de jamón

**Ensaladilla rusa

Coquinas al ajillo

**Jamón ibérico cortado a cuchillo

Montado de lomo adobado

Montado de presa con foie a la plancha

*Torreznos de Soria con revolconas

Brioche de carrillera de cerdo con parmesano

Mejillones en escabeche Tito

Boquerones en vinagre

Berberechos Tito

Anchoas con pan brioche y mantequilla

Matrimonio

Tomate, tomate ✖

El mismo “” pero con bonito del norte

*Flores de alcachofa confitada a la plancha

Ensalada de pimientos asados de Doña Tomasa con atún

*Butifarra al carbón

*Medio pollo de mi suegra

*Presa a la brasa con chimichurri y nada más

Hamburguesa de vaca madurada ibérica

*Entrecot de vaca rubia gallega

Rabas de Santander

*Chipirones a la plancha con picada escabechada

Tacos de merluza a la romana y mayonesa cítrica

Pulpo a la brasa con mojo verde canario

Pulpo a feira al estilo Carallo

Patatas a lo pobre ✖

*Patatas fritas

*Pimientos de padrón

Nuestras verduras asadas ✖

Nuestra famosa torrija

Tarta de queso cremosa

Tarta de chocolate

✖ - Sin alérgenos * - Puede contener trazas de gluten ** - Gluten removible

FRUTOS DE CÁSCARA · APIO · MOSTAZA · GRANOS DE SÉSAMO · DIOXIDO DE AZUFRE Y SULFITOS · ALTRAMUCES · MOLUSCOS · CONTIENE GLUTEN · CRUSTÁCEOS · HUEVOS · PESCADO · CACAHUETES · SOJA · LÁCTEOS